

# BEDFIELD & MONK SOHAM COMMUNITY NEWS



NEWSLETTER 2022/14

3<sup>rd</sup> AUGUST 2022



## 1. Friends First Friday, 5<sup>th</sup> August

A reminder that this Friday is the first Friday of the month, so it's Friends First Friday at the HUB!

It is a Barbecue evening, you can bring your own buns and salads. Pam and Laura are generously supplying the burgers and sausages, so **PLEASE let them know a.s.a.p. if you are going.**

It's a great way to meet up with old friends or to make new ones in a relaxed atmosphere.



## 2. Painting the pavilion, Saturday 13<sup>th</sup> August

We are hoping to repaint the outside of the pavilion on Saturday 13<sup>th</sup> August. The details are attached.

Please let Lisa know if you would like to help.

### Help us to paint the club



The Community Club Committee would really appreciate any volunteers that could support us to paint the outside of the Community Club



All equipment is provided



Refreshments included – tea, coffee, bacon sandwich  
(veggie options available) 🥗

Please join us on Saturday 13<sup>th</sup> August from  
9.30am – any length of time would be most  
welcome

Please let Lisa Crane know if you are able to support us:

[lisaj1976@gmail.com](mailto:lisaj1976@gmail.com) 07713235616

### 3. Summer holiday activities to support families over the school break

Mid Suffolk District Council organise a large range of activities for children in school holidays. Explore Outdoor will once again be getting children out and about in nature, while Kinetic Science will be encouraging children to learn through fun with some hands-on experiments. There will also be a variety of cooking lessons provided by The Food Museum, Explore Outdoor and Debenham Sports and Leisure – all supporting the councils' ongoing ambition to combat holiday hunger.

Additionally, there will be sessions for swimming, football, arts and crafts, dodgeball, and filmmaking workshops at locations across the districts including Brantham, Claydon, Hadleigh, Stowmarket and Sudbury.

Details can be found by clicking on [Summer holiday activities to support families over the school break » Babergh Mid Suffolk](#)

### 4. Bedfield & Monk Soham Fete

(a) The fete was a huge success, thanks to the hard work and support of so many people. The Committee is extremely grateful to everyone who helped. It has taken a while to finalise the accounts while we sold the few remaining items, but we now know that the total amount raised was £3249.83.

Hopefully, at least one helper from each stall has received the complete breakdown showing the proceeds from each stall.

(b) Following the great Giveaway, any remaining items have been donated to Charity shops. As a result of donations received at the Giveaway, we will be sending a donation of £70 to the FIND food bank in Ipswich.

A reminder that you can drop off food donations for FIND at the HUB on any Tuesday morning. We have a room full of books in the book swap – come and have a look on a Tuesday morning. They are free to take away, but we happily accept small cash donations for FIND.

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#### **Stay informed!**

Remember the new village websites [bedfield.onesuffolk.net](http://bedfield.onesuffolk.net) and [monksoham.onesuffolk.net](http://monksoham.onesuffolk.net) and the Facebook page <http://www.facebook.com/BedfieldMonkSohamCommunityClub>.

For more information on any of the above items, or to submit items for future newsletters, to share ideas and events, to make suggestions, or to book an event at the Community Hub, email [bedfieldmonksoham@btinternet.com](mailto:bedfieldmonksoham@btinternet.com) or telephone 01728 628046.

Our aim is to keep residents of Bedfield and Monk Soham informed of events and activities that might be of interest. **If you are organising an event or know of one in the villages, please tell us so we can share it.**

Please share this newsletter with friends and neighbours; the more people who receive it, the more effective it becomes. **All residents can sign up for future newsletters by contacting us, we are happy to deliver a hard copy for those who would like to receive a copy and do not have internet access – but for data protection reasons we can only email it to those who request it.**