



BEDFIELD & MONK SOHAM **COMMUNITY**

NEWSLETTER 2021/15

10th October 2021



DEFIBRILLATOR TRAINING, Saturday 9th October



Approximately 30 residents attended the training session held at the Community Hub.

Our thanks to Ellie for leading the training on using the defibrillator and providing the opportunity for us to practise CPR.

Thanks also to Vince for organising the session.



SPARKLING SPRING



The Bedfield & Monk Soham Gardening Club is hoping to brighten up everyone's spring by donating daffodil bulbs to be planted around our villages.

Would YOU like to be involved in this project which will benefit the village for years to come?

There are lots of ways you can help: volunteer to plant bulbs along your frontage and in open areas, suggesting likely spots even if you can't help with the planting, assist with the organisation and distribution of the bulbs, etc.

We need everyone's help... you don't need to belong to the Gardening Club!

To judge demand, could you please let me know what you think and how you might be able to help make this vision become a reality? Please respond to 07743369920 or email linmorph@aol.com

Here's to a brighter spring next year!

PIZZA NIGHT, Friday 22nd October

The Piazza Wheel will be at the hub again on 22nd October.

Details of the menu and booking arrangements to follow shortly. There have been many favourable comments about them on their previous visits, so don't miss out!

Thanks to Suzie for organising this again.



SUFFOLK CARE SERVICES



Do you, or anyone you know, need information about Care services in Suffolk?

Whether you need to pay for support, or have it provided by the County Council, all the information you need is contained in the Suffolk Care Services Directory.

You can download a pdf version at [Suffolk Care Services Directory | Publications | Care Choices](#) or pick up a free hard copy from the Community Hub.

SATURDAY COFFEE MORNING

Our thanks as always to those who supported the Coffee Morning on 2nd October. The coffee mornings, and the regular weekly Tuesday coffee shop help to fund the Community Club.

The next Saturday Coffee Morning will take place on 6th November, from 10 a.m. – 12 noon.



NEED INFORMATION?

The village websites can be accessed bedfield.onesuffolk.net and monksoham.onesuffolk.net.

With links to clubs and societies, the mobile library, the community bus, all Parish Council matters and much more, they provide a reliable, accurate and up-to-date source of information.

For example, for the latest planning applications follow the links [Planning applications » Bedfield \(onesuffolk.net\)](#) and [Planning applications » Monk Soham \(onesuffolk.net\)](#)

You can also follow the Facebook page [Bedfield and Monk Soham Community Club | Facebook](#)

Do you know of someone who doesn't receive these newsletters? The circulation continues to grow, and anyone can email the address below to be added to the circulation list. Those without email can phone us and we will arrange to deliver a hard copy. You can always print a copy for neighbours who aren't connected to the internet.

To supply future items, or to book the hub, email bedfieldmonksoham@btinternet.com or telephone 01728 628046.